

**HEARTLAND FOOT AND ANKLE. ASSOCIATES, P.C**  
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ONYCHOMYCOSIS (Fungal Nails) TOPICAL TREATMENT INSTRUCTIONS

1. Apply Gordochoom daily to all affected nails paying special attention to the tips of the nails.
2. Every *seventh day*, remove all residue with an alcohol pad and/or nail polish remover.
3. File/Buff nails to allow porous entry of medication and begin applying Gordochoom again that day.
4. Spray Mycomist in all shoes, allowing each pair to dry completely before putting on.
5. Use of *Drs. Remedy Enriched Nail Polish* will help prevent the spread of fungus to other nails.

Please contact our office with any questions @ 309-661-9975