

**HEARTLAND FOOT AND ANKLE. ASSOCIATES, P.C**  
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VERRUCA (Wart) HOME TREATMENT INSTRUCTIONS

1. Following your daily bath, shower, or 20 minute soak, lightly dab the area dry.
2. Apply a small amount of the prescribed medication (GORDOFILM) to the area. If the area is very tiny, use a toothpick. Immediately cover the area with an occlusive tape such as a plastic surgical tape or common household electrical tape.
4. During your next bath, shower or soak, gently rub the white, dead appearing skin off with either a pumice stone or the scaper provided. Do this gently. Do not rub to bleed. If in doubt, rub less, not more.
5. Repeat this on a daily basis until all evidence of wart tissue is gone. At that point, continue applying the medication and electrical tape for one week but do not rub with the pumice stone or scraper.
6. Should you have any pain, problems or difficulty with this, please call the office immediately at

309-661-9975.

Please contact our office with any questions at 309-661-9975.